



THE LIGHTS ON EFFECT

Part 4: Transcript

This is the fourth part of the lights on effect. But I want to look at that gap between the old-school thinking and the lights on thinking our children, this next generation. They know what they're learning in schools is not going to set them up for success. So let's stop pretending that it is how do we transition so that our children absolutely have what it takes to pursue that thing that switches on their lights, the thing that they love to do and be happy.

And successful and make money from doing it. How do we move from being consumers of education of knowledge, to creators and learners? The answer lies in that you need to transform. First because in my camp, I don't necessarily subscribe to the kind of the philosophy of just let the kids do what they want.

I'm hungry for growth. Right? I'm looking for those, those mums among you, who really. One to tap into your potential so that you know what it feels like. So your children can tap into their potential. Doing something you love for me is absolutely not. Wishy-washy it's not fluffy stuff, right? This is hardcore brain science.

Why would we not? When we have got this beautiful gift of a brain and this phenomenal gift of a heart, and then this whole internal neurocircuitry that when we use it, It feels like it's so good to be me so that I believe should be at the heart of every educational strategy. Does it feel good to be.

Yeah, it feels really good to me be me. Brilliant. So what are you working on at the moment? And I've got this project going on and I'm making this film and I'm going to, my friend is going to be composing some music to it. And I'm like explaining this science concept of how did the da, right? That's the conversations that we want to be having with our kids.

Does it feel good to be you today? No, it doesn't feel good to be me today. Okay. What's going on? I just thought rubbish. Nothing I ever do works. And that simple question, right? Does it feel good to be, you absolutely tells us whether a child or an adult is ready to learn. But we should stop pulling, pushing, squeezing children or adults or ourselves into this conveyor belt of, well, it doesn't matter how you feel.

You've just got to do your homework. It doesn't matter how you feel. You've just got to jump the hoops. When we really see that through the power of the lights on effect light, if I'm showing up going. Yeah. If it was really good to be made, it feels good to be in the presence of someone who's like really kind of lights up.

Who's really switched on to who they are. They're loving the being, who they are totally stepping beyond their edges. That is what the lights on effect is. So that's the challenge or the opportunity and the growth potential for every single one of you for you to learn. What does it take to walk through life?

Absolutely loving being. And there's something beautiful that happens when a mother who has potentially put herself on hold allows herself to get a glimpse of who she could be. A glimpse of who she wants was a reconnection of her, maybe herself before children with herself as a mother. And realizes that actually.

She no longer has to forgo being her beautiful self, being her courageous self, being her artistic self, or her entrepreneurial safe self. She no longer has to put her creative spirit. To the side, but actually what this gap between old school and this next generation, what they need from us, the illuminated way of, of learning what our children need from us is to absolutely know how to learn in that space.

Full 100% ownership leading ourselves to our own self-defined success is when you can be like someone, you can be so grounded in who you are being and how you're showing up for yourself, your family, and for the world around you, things begin to unfold. Perfectly actually, are you up for closing this gap by transforming yourself first?

Because mothers who transform their families transform, who are you as a learner, put your hand on your heart and say, this is. This is who I am as a learner. What I'm really courageous. I'm absolutely step into my vulnerability all the time. Always trying to do something that I just don't know how to do often kind of hanging out in a period of like darkness, where I'm trying to figure it out and I'm trying things and it's not working, but I can't quite see where the solution is.

I'm creative and I'm entrepreneurial. One of the really powerful things. Is when we, as, as mothers can really claim that identity, do I quit when it gets hard? Of course they don't. I might cry. I might kind of feel like, oh God, this is hard. How am I going to do this? So if you can really step into that identity, then you can begin to have the thinking.

And switching on the emotions and the feeling and really lighting up your neurocircuitry in a way that is going to serve you. How do we lead guide or coach our children to be able to learn the mindset, the skillset, and develop their craft. In this new world, number one for your children to be successful and success, meaning happy doing something they love and making money from that they really need to know themselves really well.

They need to know what they're good at. And they'll be able to need to be able to say what they're good at and not feel like, oh my goodness, I'm boasting. It's just like, no, I'm a really good artist. And

they need to be able to claim that. Yeah, absolutely. You know, give me some code it, give me a coding problem and I'll solve it for you.

I'm really good using Python. What are their strengths? What are their passions and their natural born talents. And then also crucially, what are their weaknesses and their gaps? Now here's the different roadmap. When we are talking about this new world, you don't need to plug those gaps. You need to find someone else who does, and this is where you start to collaborate.

So when you know what you're really good at what you're passionate about, what your natural born talent is, that's where we're going to dive deep. Now what this opens up culturally in terms of learning is being okay to say, no, I'm not really good at. Not from a lack mindset from an abundant mindset. And actually I'm not even going to spend any time trying to get good at that.

I'm going to really Hangouts becoming a, you know, an absolute whiz in what I was born to do. And the areas of growth therefore become about collaboration. Number two, develop their craft. We are all born with something that we have the potential. To create magic with, to create something extraordinary.

We're all born with a natural born talent. I call it their switch, the way that they like to communicate themselves naturally, then we can help them develop that craft. So you want to know what's your

child's natural born talent. So therefore, you know, what are the tools that they need to get really good at using.

So number one, know yourself really well, your strengths, your passions, your natural born talents, and be okay with identifying your weak spots and then plugging that gap through collaboration. Number two, now that, you know, you're a natural born talent, we want time exploring it, and we really want you to be able to help and support them to develop that craft.

The third thing that I wanted to share is to really build a body of work that showcases their potential. A portfolio is like one of the best growth tools. Because when you see what you conclude, what you have created, now you can lock in that excitement. So you going to build that body of work that then guides you forward over time, that allows you to begin connecting the dots.

Huh? That's interesting. They love playing with Lego, right? When they were three years old and they got fascinated and they were taking things apart. So when we tap into that natural bond talent, you'll start to see the learning threads that you need. And then you can use your portfolio as a growth tool.

And ultimately, yes, it will be a showcase. If your children cannot be entrepreneurial and creative, they're going to be at a disadvantage. Um, and so that's the skill, that's the mindset. Those are the natural born talents that we've got to help them develop, but I would be

really, really excited to see any child that brought included in his film and his portfolio.

Here's a film I made when I was doing. Right. And now I'm talking to them at their 20, but they're taking me right back to when they started exploring that switch. The shift is to moving to be someone who loves learning through creation. We can all plug in right since switch on. Now we can all kind of find someone who resonates, like maybe I'm resonating for you.

We can find that person and we can listen and consume hours of that. But do we take action? So my invitation to you is to explore, are you a woman of action? Are you a mother of impact who is committed to using the lights on a fair? Because you're determined to close that gap and transform your family from the inside out because you know, what it takes the message of today is we want to use the lights on effect because we are absolutely loving being who we are that is contagious.

We create that culture from that place of strength and passion and are using our natural born talents. And then what we do, right, is we role model. This is what learning looks like. We need to really connect to our authentic core, or we will be derailed. Our children will be derailed. I'm looking for those mothers who are like, bring it on.

You're telling me that if I grow and really live a fulfilled life, doing something that I love and possibly even making more money than I've ever made, that my children will also transform and grow and be able to live a fulfilled life, doing something they love making money from that. I'm in. Um, and when you can commit to that, knock on my door and let's talk and let's get you in one of our programs.