

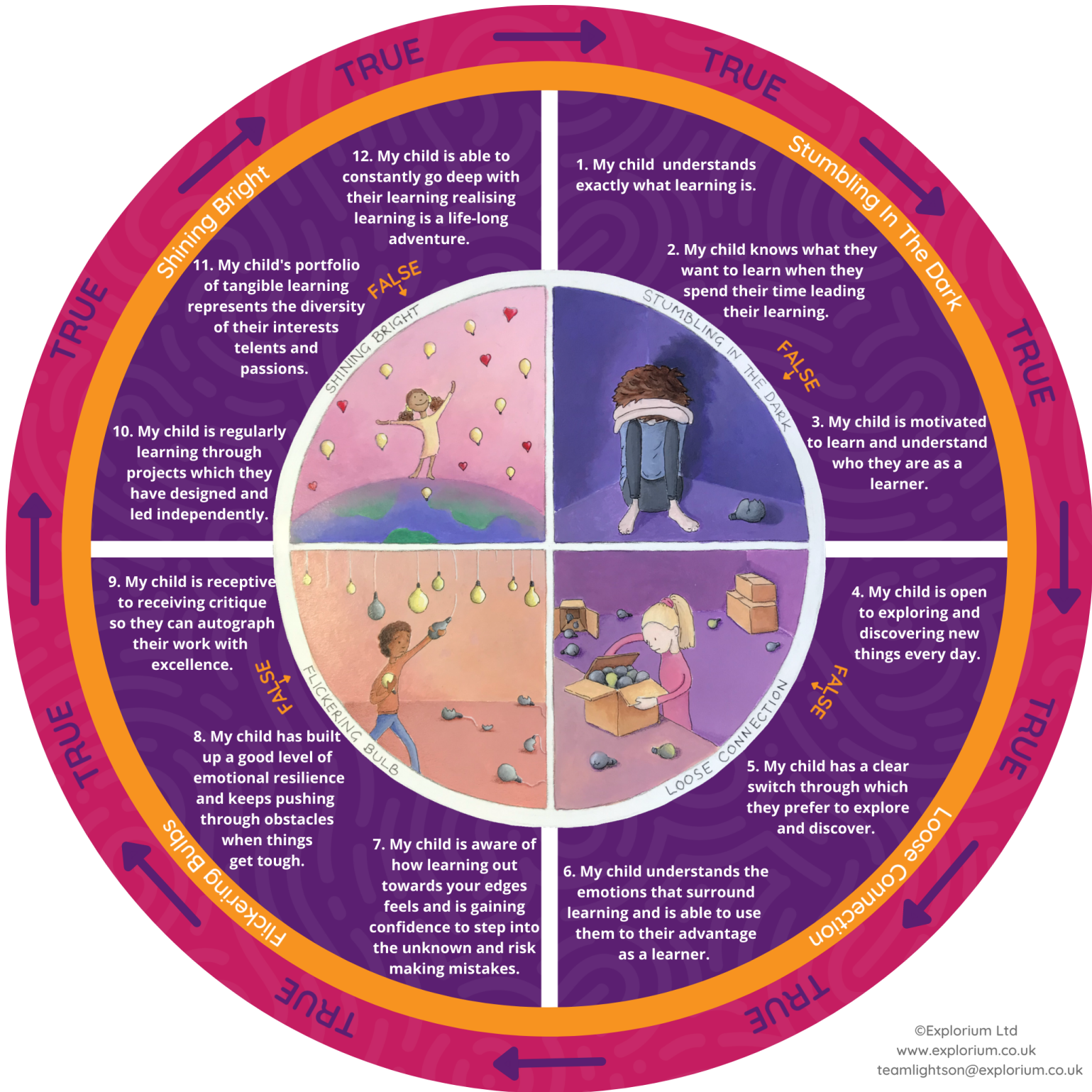


LIGHTS ON

# SUCCESS CIRCUIT

Welcome to your Lights On® adventure!

To get clarity on how to use the 3 keys of our Lights On® framework: PASSION, MINDSET and TIME, use the assessment wheel on the next page to identify where your family members are on our Lights On® success circuit.



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## Stage 1 - Stumbling in the dark

Your child has lost the connection to learning and you are increasingly concerned about their mental wellbeing. Their lights are mostly dim or off when it comes to their education and they no longer seem aware of their passions and natural born talents. They are unmotivated about any of the opportunities in front of them and have little or no understanding of who they are as a learner.

### SPOTLIGHT:

Laying the solid foundations is key to your family's success. Start by getting clarity about what you all understand about learning, so you can be proactive in removing any old school thinking that is holding you all back. This is where you start to think differently about what is important in your educational strategy. You never want to be trading our children's mental wellbeing for academic success.

### ACTION STEPS:

- Define what learning means to your family.
- Dream your vision for the learning adventure ahead.
- Identify the internal and external obstacles that may block you.
- Develop a clear step-by-step strategy.
- Communicate this with your family.
- Take one step at a time and celebrate the micro-wins.



## Stage 2 - Loose Connection

Your child is open to exploring and interested in lots of things. They may not yet be learning consistently through a clear switch, so when they hit an obstacle they short circuit, and give up. They do not yet understand the full range of emotions that come with learning.

### SPOTLIGHT:

Give your child lots of time to explore again without any focus on the outcome. You want them to reconnect to activities they love doing so you can see their lights stay on for increasing lengths of time. Resist the temptation to settle too quickly on trying to LOCATE THEIR SWITCH. You are still in the process of shifting the Lights On® culture and mindset within your family, so consistency is key. Don't rush this stage or you'll have more obstacles in your way than you need!

### ACTIONS:

- Continue to create a learning culture that prioritises exploration and discovery through the 4Cs; creativity, collaboration, critical thinking and communication.
- Regularly use a learning carousel, or your own variation that works for your family, so it becomes part of your week.
- Focus on getting clarity on your child's most dominant switch.



### Stage 3 - Flickering bulb

Your child has located their main switch and their biggest obstacle now is their mindset. They have moments when they embrace a new opportunity and step beyond their edges. They are getting more comfortable talking about their fear of failure and mindset. They are becoming more aware that learning involves a full range of emotions as their lights flicker on and off.

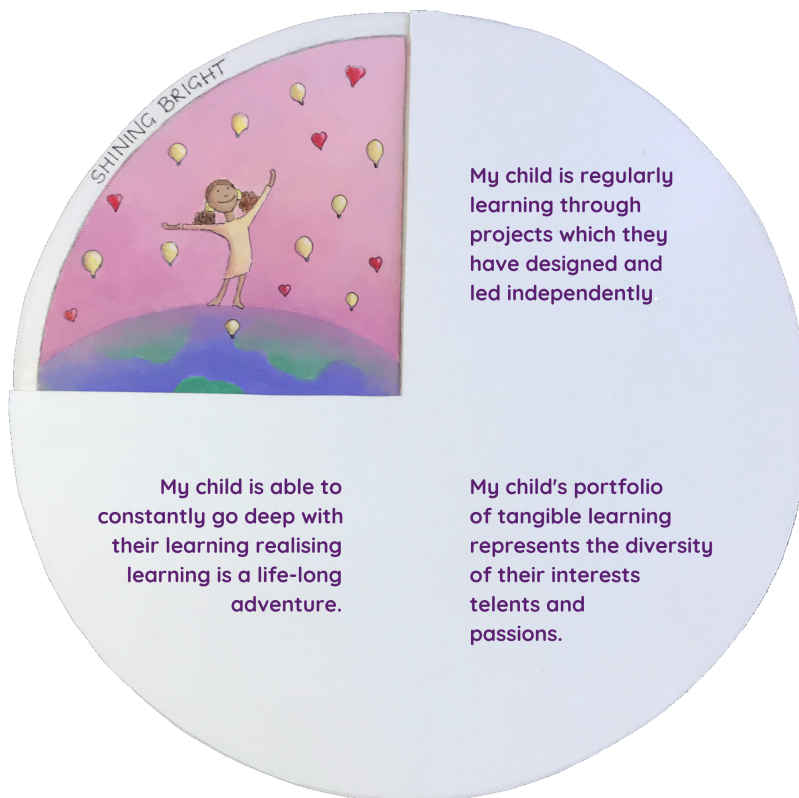
#### SPOTLIGHT:

Understanding learning from a neuroscience perspective is key during this stage. So invest your time in the WIRED FOR LEARNING element of Lights On. When you reframe learning through a mindset and neuroscience lens you and your child get a whole new insight into learning, so they can become braver and more emotionally comfortable with mistakes.

#### ACTIONS:

- Begin exploring the full range of emotions that surround learning.
- Build in regular challenges for your whole family to experience frustration and anger, to normalise them as valid emotions of learning.
- Focus on building up your family's emotional resilience to failure so you can all learn through your switches towards mastery.
- Introduce draft critique as this is the most effective tool towards autographing their work with excellence.

## Stage 4 - Shining Bright



Your child is now fully switched on for the learning adventure ahead of them! They are motivated to dive deep and are developing a complex learning neurocircuitry that keeps them growing beyond their edges. They are able to move through lights dim or off moments quicker to continue exploring more opportunities ahead. They are starting to be prolific creators, fully in the driving seat of their learning. Intrinsic motivation is now a driver.

It's time for your child to learn through projects with plenty of opportunity to explore, discover and go deep with their learning. A portfolio at this stage is key as a tool to develop and extend new emerging skills. They will now be an active creator of original content so draft critique should be a normal part of the learning process. This is where your child will start to get that taste for success that comes from being brave enough to walk through failure. Exciting!

### ACTIONS:

- Give them plenty of opportunity to lead and direct their own passion-led learning adventures.
- Help them use projects to develop new skills, gain broader knowledge and to explore more switches.
- Use their portfolio as a reflection tool as well as a showcase of their exponential growth over time.